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# The Effect of Biopsy During Precompacted Morula Stage on Post Vitrification Development of Blastocyst Derived Bovine Embryos

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#### Abstract

Improvements on embryo micromanipulation techniques led to the use of embryo biopsy in commercial embryo transfer programs for genetic analysis of preimplantation bovine embryos. The aim of this study was to evaluate the quality of bovine blastocyst derived from embryos biopsied at different precompacted morulae stages by assessment of cryosurvivability of the resulting blastocysts. The *in vitro* produced bovine embryos were subjected to biopsy at days 2, 3, and 4 post-insemination with different cell numbers (4 to 16-cells). Embryo cell biopsy was carried out in a 100  $\mu$ / drop of H-SOF following pronase drilling by aspiration of one blastomere. The biopsied embryos were then cultured in SOFaaBSA co-cultured with oviduct cells-monolayer until blastocyst formation. The blastocysts were cryopreserved at room temperature after exposure of equilibration (glycerol 1.4 *M* for 5 *min* and then glycerol 1.4 M and ethylene glycol 3.6 M for 5 min) and vitrification solutions (3.4 M glycerol and 4.6 M ethylene glycol). The blastocysts were loaded into the center of 0.25 m/ straws separated by air bubbles from 2 columns of sucrose 0.5 M and plunged immediately into liquid nitrogen. There was no significant difference in cryosurvivability of vitrified-warmed blastocysts derived form biopsied embryos at different pre-compacted morula stages. The quality of biopsy derived blastocysts was identical to that of non-biopsy derived ones in terms of post vitrifcation survival and hatching rates. In conclusion there was no preference between different times of embryo biopsy at precompacted morula stages in term of cryosurvivability of biopsy derived bovine blastocysts.

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# Introduction

In transgenic technology, in order to pre select offspring harboring exogenous DNA and in farm animal industry, preselection of offspring sex screened by PCR <sup>(1, 2)</sup>, the microsurgical sampling, so-called biopsy of blastomeres from the embryos is required.

Storage of biopsied embryos until the results of genotyping determination and the proper recipients are available is crucially needed <sup>(3-5)</sup>.

These circumstances have challenged researchers to establish and evaluate the long term storage methods that render biopsied embryos viable and competent after transfer to recipients. While it is claimed that the biopsy procedure has no harmful influences on the viability of fresh embryos, the developmental capacity of biopsied embryos following transfer is considerably reduced when they are cryopreserved <sup>(6, 7)</sup>. It has been shown that among the preimplantation mouse embryos biopsied at the 4-cell, 8-cell and morula stages, the biopsy has the least impact on developmental potential *in vitro* and *in vivo* when performed at the 8-cell stage <sup>(8)</sup>.

The *in vitro* viability of manipulated or vitrified sheep embryos was significantly lower at precompacted morula and compacted morula stages than intact embryos at the same stages. No differences, however, were found at the blastocyst stage. Moreover, the *in vitro* survival rate of precompacted morula which were manipulated and immediately vitrified was lower than in those manipulated and, after a temporary period of culture, vitrified at blastocyst stage <sup>(9)</sup>. It has also been reported that short-term *in vitro* culturing after microsurgical biopsy prior to cryopreservation has improved the post –warming survival rate of bovine embryos <sup>(10)</sup>.

Considering the beneficial effect of temporary period of culture between embryo biopsy and cryopreservation on post warming survival rate of embryos and considering the cryotolerance of *In Vitro* Produced (IVP) embryos as a criteria to evaluate the quality of IVP embryos, this study was conducted to evaluate the effect of age and cell number of embryos at the time of biopsy on the quality of biopsy derived blastocysts.

# **Materials and Methods**

Except where otherwise indicated, all chemicals were obtained from the Sigma (St. Louis, MO, USA).

# In vitro embryo production

The production of bovine embryo was as previously described <sup>(11)</sup>. Briefly, all visible ovarian follicles with a diameter of 2 to 8 *mm* were aspirated using gentle vacuum (30 *mm* Hg) and released into the preincubated hepes-TCM, supplemented with penicillin and streptomycin and 50 *IU/ml* heparin.

The Cumulus–Oocyte Complexes (COCs) with at least 3 layers of cumulus cells and oocytes with a uniform granulated cytoplasm,

were selected for the experiments. The selected COCs were *in vitro* matured in TCM199 supplemented with 10% FBS (Fetal Bovine Serum, Gibco 10270), 0.02 *mg/ml* cysteamine and 0.1 *IU/ml* FSH for 24 *hr* in 5% CO2 in air at 39 °C.

The motile spermatozoa were obtained by centrifugation of frozen-thawed semen on a discontinuous Percoll density gradient (1 *ml* 40% Percoll over 1 *ml* 90% Percoll) at 700×g for 20 *min. In vitro*-matured cumulus-oocyte complexes were co-cultured with motile spermatozoa at  $1 \times 10^6$  spermatozoa/*ml* in TALP medium supplemented with 6 *mg/ml* BSA, 10  $\mu$ g/*ml* heparin, and 0.3 *mM* sodium pyruvate for 22-24 *hr* at 39 °C in 5% CO2 in air.

After fertilization, presumptive zygotes were mechanically denuded of their cumulus cells and cultured in SOFaaBSA co-cultured with oviduct cells-monolayer (SOF-OCM) under mineral oil in maximum humidified atmosphere with 5% CO2. Cell sampling was performed at 2, 3, and 4 day post insemination of cleaved embryos.

# Embryo biopsy

The embryos at days 2, 3, and 4 postinsemination with different cell numbers (4 to 16-cells) irrespective of grade, were transferred into the manipulation drop (HEPES-SOF) and subjected to biopsy using Narishige micromanipulators (Japan) in conjunction with an inverted microscope with Nomarsky optics (IX71 Olympus, Tokyo, Japan). While the embryo was immobilized by suction with a holding pipette, a drilling pipette (internal diameter 22  $\mu m$ ) was placed in close contact with the zona pellucida and a hole was made with a controlled stream of pronase (P8811) solution (5 mg/ml; 28 IU/ml prepared in H-SOF). Immediately after penetration of zona the embryo was transferred to the next H-SOF drop in the same petri dish. Following the penetration of the embryos, the sampling pipette (internal diameter 22  $\mu m$ ) was pushed through the hole and one or two cells were then removed by gentle suction.

## Culture of biopsied embryos

The biopsied embryos were cultured (1 embryo in 20  $\mu l$ ) in drops of SOF-OCM at 39 °C under a gas phase of 5% CO2 in air. The embryos were assessed for morphological development to blastocyst and then subjected to vitrification procedure.

## Vitrification and warming procedures

The embryos were vitrified according to the method described by Shirazi et al <sup>(12)</sup>. Briefly, the basic media (PB1) for preparation of all vitrification solutions was prepared in Ca<sup>2+</sup>– Mg<sup>2+</sup> free PBS supplemented by 0.3 *mM* sodium pyruvate, 3.3 *mM* glucose, 100 *IU/ml* penicillin, and 20% (v/v) FCS.

The biopsy-derived blastocysts were sequentially exposed to corresponding equilibration and vitrification solutions at room temperature (25  $^{\circ}C$ ). For equilibration, the embryos were placed into the first 100 µl drop of equilibration solution containing glycerol 1.4 M for 5 min, and then transferred into the second 100  $\mu l$  drop of equilibration solution (glycerol 1.4 M and ethylene glycol 3.6 M) for 5 min. The embryos were then transferred into a column of vitrification solution (3.4 M) glycerol and 4.6 M ethylene glycol) at the centre of 0.25 ml straws using a fine glass capillary pipette. The column of vitrification solution in the straws was separated by 2 air bubbles from 2 columns of 0.5 M sucrose solution. The straws were sealed and then plunged immediately into LN2 and maintained until use. The time limit for the exposure of embryos to the vitrification

solution and the immersion of straws into LN2 was 45 sec. For evaluation of post vitrification embryo survival rate the straws were warmed by being transferred from LN2 to the air for 8-10 sec and then immersed into a water bath at 25 -30 °C for 8 sec. The contents of each straw were then expelled into thawing solution containing 1 M sucrose for 30 second; the medium was stirred gently to facilitate the mixture of the 2 solutions. The manipulated blastocysts were then transferred into 100  $\mu l$  drops of sucrose solution (0.5 M) for 5 min to allow the removal of intracellular cryoprotectants, and then washed in PB1. The freeze-thawed blasotcyst were cultured in SOF-OCM in 5% CO2 until blastocyst and hatched blastocyst stages. Post thaw viability of biopsy-derived blastocysts was assessed by their re-expansion, resumption of cellular division and reaching hatched blastocyst stage.

## Statistical analysis

Data was collected over at least four replicates. Comparisons of post-biopsy embryo development between groups were carried out by the Chi-square test. A p<0.05 level was considered significant (SigmaStat version 2).

#### Results

As demonstrated in table 1, the postwarming survival and hatching rates of vitrified biopsy-derived blastocysts was not influenced by the biopsy when compared to the non-biopsy control group.

In biopsied groups, despite the considerable difference in post-warming survival rate of

	biopsy-derived blastocysts				
Groups	Embryo		Blastocyst No.	Survived Blastocyst	Hatched Blastocyst
	Age (Day)	Cell No.	n (%)	n (%)	
Non-biopsied			68	52 (76%)	38 (73%) <sup>a,b</sup>
Biopsied	2	4	14	10 (71%)	10 (100%) <sup>a</sup>
		8	18	10 (56%)	4 (40%) <sup>b</sup>
	3	4	22	12 (54%)	8 (67%) <sup>a,b</sup>
		8	22	12 (54%)	6 (50%) <sup>b</sup>
	4	8	16	12 (75%)	8 (67%) <sup>a,b</sup>
		16	16	14 (88%)	6 (43%) <sup>b</sup>

 Table 1. Effect of developmental stage of biopsied embryos on cryotolerance of biopsy-derived blastocysts

<sup>a,b</sup> Data with different superscripts in the same column differ significantly (p<0.01)

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vitrified blastocysts derived from embryos biopsied at day 4 compared with day 3, the difference was not significant. Indeed, the age and cell number of embryos at the time of biopsy had no significant effect on post-thaw survival rate of vitrified blastocysts. The hatching rate was significantly higher in day 2 embryos biopsied at 4-cell stage compared with those embryos biopsied on days 2 (8-cell stage), 3 (8-cell stage), or 4 (16-cell stage).

The biopsy error in terms of deteriorating embryo viability due to cell sampling or aspiration of more than 1 to 2 cells was less than one percent.

#### Discussion

In bovine, the biopsy at pre-compacted morula stages had no detrimental effect on subsequent embryo development in term of blastocyst formation and hatching process <sup>(11)</sup>.

It is known that vitrification and thawing procedures have lower deleterious effects on the viability rate of ovine embryos in advanced stages of development than those in earlier stages <sup>(9, 13, 14)</sup>.

In the current study the difference in survival rate of vitrified-warmed biopsyderived blastocysts among the embryos biopsied at days 2, 3, and 4 was insignificant. There was also no significant difference between survival rate of vitrified-warmed blastocysts derived from biopsied and nonbiopsied embryos (evaluated by cytotoxicity test). The post-warming survival and hatching rates of biopsy and non-biopsy derived blastocysts following vitrification were in the range of what reported by other investigators <sup>(15 - 18)</sup>. Furthermore, vitrification had no detrimental effect on hatching rate of biopsied embryos compared with non-biopsied ones which was in contrast to what reported by Naitana et al in ovine embryos <sup>(9)</sup>. In that report the vitrification and thawing procedures had a more deleterious effect on hatching than manipulation  $^{(9)}$ 

Based on the current results, it seems, at least in term of hatching process the bovine embryos are more tolerable to embryo biopsy and vitrification compared with ovine embryos. In the majority of biopsied embryos, however, the hatching process occurred without thinning and expansion of the zona pellucidae, as compared with the intact embryos. Additionally, in some blastocysts the hatching process occurred incompletely. Since the difference in total cell numbers of biopsy and non-biopsy derived blastocysts was insignificant <sup>(11)</sup>, the lack of zona pellucidae expansion in biopsy derived blastocysts could not be related to the number of total cells. Instead, it might be related to the effects of cryopreservation procedure and cryoprotectant exposure which could lead to the zona hardening <sup>(19, 20)</sup>.

Another possibility for the failure of zona expansion during cellular proliferation in expanded blastocyst might be related to the presence of a hole in zona made by pronase. In the current study the higher hatching rate in blastocyst derived from embryos biopsied on day 2 at 4-cell stage might be attributed to the higher quality of the blastocyst.

In conclusion, the quality of biopsy derived blastocysts assessed by cryosurvivability is identical to that of non-biopsy derived blastocysts. Moreover, there was no difference in post vitrification survival rate among the embryos biopsied at different periods of precompaction morula stages.

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